N O V E M B E R

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The MIRON Monthly

AUBURN ENLARGED CITY SCHOOL DISTRICT

VOLUME 24, ISSUE 3

Four Music Students Selected for Area All-State



Auburn Junior and Senior High Schools are pleased to announce that two students have been selected to the Zone 3 Area All-State Orchestra and two students have been selected to the Zone 3 Area All-

State Women's Choir. They will participate in concerts held at Ithaca High School on November 2, 2019.

Ryan Packard, viola, 9th grade, has been selected for Orchestra and has been involved in school orchestra for five years.

Emerson Brown, soprano, 8th grade, has been selected for the Women's Chorus and has been involved in school chorus for four years.

Rylee Catalfano, soprano, 8th grade, has been selected for the Women's Chorus and has been involved in school chorus for four years.

Kaela Sova, viola, 7th grade, has been selected for Orchestra and has been involved in the school orchestra for three years.

"We are very proud of these students and their accomplishments," said Adam Carkey, Music Department Facilitator and AJHS Orchestra Director. "The hard work and dedication demanded by their craft is evident. They will be excellent representatives of our music department."

The Auburn Enlarged City School district serves students with K-7th grade general music classes, as well as 5th-12th grade band, chorus and orchestra programs.

NYSSMA, the New York State School Music Association, is a statewide affiliate of the National Association for Music Education. NYSSMA's mission is to advance music education across New York State for its membership and students in member school programs.





Ailey Wood, Kindergarten

On Tuesday, October 29, Auburn Junior High school 7th and 8th grade students and Genesee Elementary students attended a field trip with the Board of Education's Fix It and Fund It Advocacy Committee in Syracuse, New York, at the Center of Excellence.

These students met with New York State Senators along with other community members to help our district get its fair share of funding.

(Photos by Cindy Murphy)

#FixAndFundIt

The Advocacy Ad Hoc Committee has put this website together as a way to get information out to the community regarding the Foundation Aid issues affecting the district. For more information please visit: fixandfundit.org



Vanguard Marching Band Performs at Woodstock Site

The Auburn High School Vanguard Marching Band recently took its talents to Woodstock, performing at the original site of the music festival's stage in honor of its 50th anniversary.

The band's field show this year features several hits from The Who, honoring another 50th anniversary – that of the release of the band's rock opera, "Tommy." It was only fitting that the Vanguard perform "Pinball Wizard" and other selections from that album at the Bethel Woods Performing Arts Center in the Catskills, where The Who performed in front of 400,000 people during the 1969 Woodstock music festival.

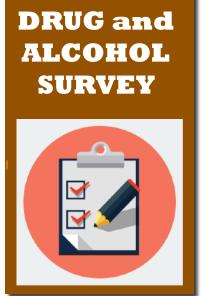
Following their October 5 performance and a tour of the Woodstock Museum, the Vanguard traveled to East Ramapo High School for a New York State Field Band Conference competition and placed first in the Large School Division III category, beating out bands from North Rockland and Suffern.

The Vanguard continued its competition season through October with performances at Victor High School, Paul V. Moore High School (Central Square), and the NYSFBC Championships on October 27 at the Carrier Dome in Syracuse.

Congratulations to the Vanguard Marching Band on this impressive accomplishment!

As we continue our health and safety education efforts at Auburn Enlarged City School District, we will be conducting an anonymous student survey about alcohol and drug use. Students in grades 6, 8, 10, and 12 will be presented the survey the week of November 18, 2019. The survey information will assist us in making informed decisions by providing us with the data we need to evaluate our drug education programs.

To gather this information, we have chosen a **Pride Surveys questionnaire.** Pride Surveys has over 30 years experience surveying students in school systems across the U.S. Survey procedures have been developed to protect your child's privacy and allow for anonymous participation



While we encourage all students to participate, the decision to participate is voluntary. You may opt to communicate a refusal for your child's participation. Alternately, your child will have the opportunity to refuse at the time of the survey. There will be no action against you or your child if your child does not participate.

If you prefer that your child not participate, please inform Camille Johnson, Assistant Superintendent for Student Services at 315.255.8801 by November 13, 2019. A copy of the survey is available in the principal's office if you would like to review its content. We appreciate your working with us as we continue our efforts to guide our children toward safe and healthy behaviors.

DBT Groups at AHS and AJHS



Auburn Enlarged City School District will continue our partnership with Cayuga County Mental Health to provide a **Dialectical Behavior Therapy (DBT)** skills group for interested Auburn High School and Auburn Jr. High School students. This group can be helpful for a wide range of challenges and issues teenagers are facing. **DBT** is an evidence based program that is proven effective for individuals experiencing relationship/peer issues, anxiety, impulsivity, avoidance, or just simply struggling to regulate their emotions. Participants will learn Mindfulness, Distress Tolerance, Walking the Middle Path, Emotion Regulation, and Interpersonal skills for ANY adolescent!

The Auburn Jr. High School DBT group will be begin on Tuesday, November 5, 2019, from 1:37 - 2:50 p.m. (bell 9 through after school) at Auburn Junior High School. Students attending the group will be able to take the 2:50 p.m. bus home if they typically receive bus transportation. Students who do not receive bus transportation will need to make arrangements to get home. If you think your student may be interested in participating in this group, please contact AJHS School Social Worker, Mrs. Anthony, at jenniferanthony@aecsd.education or (315) 255-8610 with any questions.

The Auburn High School DBT group will begin on Thursday, November 7, 2019, from 2:45 - 4:00 p.m. and meet weekly to the end of this school year. Attending the AHS group regularly is highly encouraged but not necessary as we are aware students have activities after school. Please note that students attending the AHS group will need to make arrangements to get home as there is no bus transportation available.

If you think your student may be interested in participating in this group, please contact the AHS School Social Worker, Mr. Whipple, at (315) 255-8654 or georgewhipple@aecsd.education.

Jennifer Anthony, AJHS Social Worker George Whipple, AHS Social Worker

New School Year at Casey Park Elementary School



In an effort to provide proactive support to meet the social-emotional needs of our students we have been rolling out the Zones of Regulation curriculum this year in grades K-2 classrooms. Casey Carey-Dixon (social worker), Jennifer VanArsdale (school psychologist), and Ashley Evans (social worker intern), have been pushing into K-2 classrooms to conduct weekly mini-lessons. They are also providing additional materials and resources for teachers to use with students throughout the day.

We had a special visit from Syracuse stage for grades 4-6. They came and performed **Suzette Who Set to Sea**.

Description from Syracuse Stage: In a small seaside village where men build boats and women do not, young Suzette knows she is different-she longs for the sea and believes she is meant for something greater than a life on land. So, when a mysterious event occurs, Suzette is forced to do that most difficult thing - prove herself worthy of her destiny. Loading her loved ones onto a boat she has secretly built, she sets to sea. Filled with adventure, linguistic tricks, laughter, and heart, Suzette Who Set to Sea is a wonderful tale suitable for elementary-aged students.



"Get Back up Again"

At Casey Park's PBIS Kickoff this year, the staff shared a video they created for students. The message is to remind students that things will not always be easy and so we need to "get back up again."

The link to the "Get Back Up Again" video: https://www.youtube.com/watch?
v=OoLemEQ7A_E

By Kelly Garback Principal, Casey Park Elementary

Ten things you can do

to help your child become a better reader.

Your role as a parent is a pivotal one in helping your child achieve success in reading, spelling, and writing at school.

Here are some helpful tips that will help set your child on the path to word study success!

- 1. When reading to your child, point out patterns that occur across words: "Hey! The letter 's' at the end of 'cats' changes the meaning of the word from one cat to more than one cat." Encourage your child to look for other words with the same pattern.
- 2. When your child is reading aloud, encourage her to read as if she were telling the story to a very young child. This will help her to read with natural expression and fluency.
- 3. Do not allow your child to "guess and go", that is to guess the identity of a word after sounding out only the first letter(s) of the word. When this happens, tell her to look at all the letters in the word.
- 4. When your child says he doesn't know what a word is, don't automatically read it for him. Ask him to look for common spelling patterns inside the word he doesn't know: "Look! The letters at the end of this word ('stall') are the same letters at the end of 'ball'. Use the word pouch to read this rhyming word".
- 5. Model reading of words using slowmotion talking, blending one sound into the next with no pause between sounds, e.g., "thhiiiss" for "this". Point to the corresponding letters as you say the sounds and pronounce the word naturally when finished.
- Select books that match your child's reading ability. Reading material that is too hard will cause your child to guess words. If your child habitually

- selects reading material that is too easy or doesn't like to read this may be a sign of a reading problem.
- 7. Discourage your child's focus on reading fast. Many schools regularly measure and emphasize the importance of reading rate, usually measured in number of words read per minute. Instead, encourage your child to focus on reading accurately. As children become more accurate readers, they become more fluent readers.
- 8. If your child habitually skips words or lines of text, encourage her to run an index finger under the line of print when reading.
- 9. When your child needs to read a long word, encourage her to chunk the word into syllables by focusing on vowel letter chunks in the word: "This word ('computer') has three chunks of vowel letters. Let's read one chunk at a time: com-pu-ter". If necessary, prompt your child to say the word several times, each time stressing a different syllable or changing a vowel sound from long to short (or vice versa) until the word "rings a bell" and makes sense in the context of what is being read.
- 10. Discuss new words and encourage your child to make up sentences using the new words. Using new words in different situations throughout the day helps improve a child's vocabulary, comprehension, and knowledge of the world around him.



You can always get more involved!

Write to your school board about increasing word study instruction — a systematic way of learning, practicing, and applying knowledge about the sounds, letters, and meanings of spoken words — in the language arts curriculum.

Get remedial help for students who need it. Seek out specialists who use scientifically-based methods for teaching reading and writing and who emphasize spelling instruction: proper spelling instruction improves reading and writing ability!

Remember that all children are entitled to succeed — and the cornerstone of their success is their ability to read and write!

For more information on helping your child achieve reading, spelling, and writing success visit www.learningbydesign.com.





Book Character Pumpkins

Herman Ave. Elementary students had some Fall fun recently! Students and their families were encouraged to work together to decorate a pumpkin as a book character and bring them in to be displayed in the library. The results were amazing! Students had fun creating and designing their book characters at home with paint, drawings, and many other decorative

items.

Pete the Cat- Gracie Guzalak -- Kindergarten Curious George- Madeline Wolfgang-- 6th grade Cat in the Hat- Kenzie Burns -- 3rd grade

Herman Halloween Projects

Monster Match Videoconference

Students in grades K and 1 at Herman Ave. participated in a videoconference opportunity with another classroom in the same grade located elsewhere in New York State. Students worked with their classroom teacher and Mrs. Crosby in the Innovation Lab to design and build a monster using recycled materials from a given list. Students then wrote a set of directions with their teacher to be emailed to the partner class so that they may try to make a matching monster. The Herman students also received a set of directions from their partner class to follow and try to make their monster. Students then videoconferenced to introduce themselves to one another, learn about their partner school, and compare how well their monsters "matched." Students had so

much fun and can't wait to try this event again next year!



Implementation of the "Zones of Regulation" at Seward Elementary



Caleb Janis & Matteo Bartolotta



At the start of the 2019-20 school year, School Psychologist, Dee Solomon, and Social Worker, Jennifer Anthony, began implementing weekly "Zones of Regulation" lessons for students at Seward Elementary School focusing on grades kindergarten, first and second. The "Zones of Regulation" is a conceptual framework used to teach students self-control and how to regulate their emotions. The curriculum teaches students to recognize their emotions, identify the cause of the emotions and to learn strategies to move between zones. The "Zones of Regulation" categorizes stages of alertness and emotions into four colored zones, which are blue, green, yellow and red. To assist the students in connecting with the zones, the characters from the well-known movie, "Inside, Out", are often referred to.

When first grade student, England Gross, was asked how he has used the "Zones of Regulation", he stated that when he gets to the red zone he counts to five to help himself move into the yellow and green zones. Second grade student, Caleb Janish, added that his teacher, Mrs. Tarby, has the students share how they are feeling every morning with their "Zones of Regulation" feeling cards. He shared that he likes to know that his teacher knows how he's feeling every morning to start the day.

The students and staff at Seward Elementary School are working diligently to acknowledge their emotions, the cause of those emotions and using the common language to communicate their emotions while learning strategies to move into calmer and safer zones.

By Amy Mahunik Principal, Seward Elementary

Keep your kids safe. Get their flu vaccine every year.

The Flu: A Guide for Parents

Is the flu more serious for kids?	Infants and young children are at greater risk for getting seriously ill from the flu. That's why the New York State Department of Health recommends that all children 6 months and older get the flu vaccine.				
Flu vaccine may save your child's life.	Most people with the flu are sick for about a week, and then they feel better. But, some people, especially young children, pregnant women, older people, and people with chronic health problems can get very sick. Some can even die. An annual vaccine is the best way to protect your child from the flu. The vaccine is recommended for everyone 6 months and older every year.				
What is the flu?	The flu, or influenza, is an infection of the nose, throat, and lungs. The flu can spread from person to person.				
Who needs the flu vaccine?	 Flu vaccine can be given to children 6 months and older. Children younger than 9 years old who get a vaccine for the first time need two doses. 				
How else can I protect my child?	 Get the flu vaccine for yourself. Encourage your child's close contacts to get the flu vaccine, too. This is very important if your child is younger than 5, or if he or she has a chronic health problem such as asthma (breathing disease) or diabetes (high blood sugar levels). Because children under 6 months can't be vaccinated, they rely on those around them to get an annual flu vaccine. Wash your hands often and cover your coughs and sneezes. It's best to use a tissue and quickly throw it away. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands. This will prevent the spread of germs. Tell your children to: Stay away from people who are sick; Clean their hands often; Keep their hands away from their face; and Cover coughs and sneezes to protect others. 				
What are signs of the flu?	The flu comes on suddenly. Most people with the flu feel very tired and have a high fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. The cough can last two or more weeks.				

The Flu: A Guide for Parents (continued)

How does the flu spread?	People who have the flu usually cough, sneeze, and have a runny nose. The droplets in a cough, sneeze or runny nose contain the flu virus. Other people can get the flu by breathing in these droplets or by getting them in their nose or mouth.			
How long can a sick person spread the flu to others?	Most healthy adults may be able to spread the flu from one day before getting sick to up to 5 days after getting sick. This can be longer in children and in people who don't fight disease as well (people with weaker immune systems).			
What should I use to clean hands?	Wash your children's hands with soap and water. Wash them for as long as it takes to sing the "Happy Birthday" song twice. If soap and water are not handy, use a hand sanitizer. It should be rubbed into hands until the hands are dry.			
What can I do if my child gets sick?	 Make sure your child gets plenty of rest and drinks lots of fluids. Talk with your child's health care provider before giving your child over-the-counter medicine. Never give your child or teen aspirin, or medicine that has aspirin in it. It can cause serious problems. Call your child's health care provider if your child develops flu symptoms and is younger than 5 or has a chronic medical condition like asthma, diabetes, or heart or lung disease. If you are worried about your child's illness, call your health care provider. 			
Can my child go to school or day care with the flu?	No. If your child has the flu, he or she should stay home to rest. This helps avoid giving the flu to other children.			
When can my child go back to school or day care after having the flu?	Children with the flu should be isolated in the home, away from other people. They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours. Remind your child to protect others by covering his or her mouth when coughing or sneezing. You may want to send your child to school with some tissues, and a hand sanitizer, if allowed by the school.			

For more information about the flu, visit health.ny.gov/flu

NEW YORK STATE SEX OFFENDER REGISTRY

You can go online to find out if any sexual offenders live near you. The New York State Sex Offender Registry is available at www.criminaljustice.ny.gov/nsor/index.htm whereby you can search for Level 2 and Level 3 sex offenders.

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Or I'll just end up walking in the cold November rain" (Guns N' Roses)	October 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		S M T W T S S 6 7 8 9 100 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	For updated events please check the online calendar at our new website: www.aecsd.education	NO SCHOOL Staff Development Day JHS Area-All State @ IthacaHS	SAT Exam AHS 7:45AM JHS Area-All State @ Ithaca HS Hall of Fame Induction Dinner, Springside 6PM
Daylight Saving Time	School Picture Retake Day @ AHS & AJHS District Parent Council Mtg. 6:30PM @ Tubman Owasco OPT Mtg 6:30PM	AHS Winter Sports Physicals, Boys 2:26PM Election Day	AHS Winter Sports Physicals, Girls 2:26PM AJHS PTO Mtg. 6:00PM	Herman PTO Mtg. 4:30PM	Owasco Veteran's Day Assembly National STEM/STEAM Day K-8 Marking Period 1 Ends	9
10	Veterans Day NO SCHOOL Winter Tryouts: JV/V Wrestling	Board of Education Mtg. AHS Library @ 7:00PM Beaver Moon	Casey Park CPTO Meeting 5:30PM	14	15 Junior High Report Cards America Recycles Day	16
17 American Education Week	18 Winter Tryouts: JV/V Sports Herman PTO Mtg. 4:30PM	Gettysburg Address Anniversary	AHS Fall Choral Classic @ AHS 7PM	AHS Drama Club Show 7PM @ Auburn Pub.Theater	Seward Circus Day 22 5:30-6:30PM Midway 7:00PM Performance CCMEA All County @ AHS 7:00PM AHS Drama Club Show 7PM @ Auburn Pub.Theater	23 CCMEA All County @ AHS 7:00PM AHS Drama Club Show 7PM @ Auburn Pub.Theater
24 National Native American Heritage Month	25	NEW 26	27	Thanksgiving Day NO SCHOOL	29 Grāteful No school	30 fullo- saturday

Three Auburn educators recently travelled to Dubrovnik, Croatia, for the International Association of School Librarianship Conference. Anne Mlod (Genesee Librarian), Victoria Calarco (AHS Librarian), and Christina Calarco (science teacher), presented a workshop on integrating United Nations Sustainable Development Goals into Innovation labs, libraries and classroom instruction.

Global Learning in Croatia



Anne Mlod, Victoria Calarco, and Christina Calarco with 8th grade biology students at Lapad Primary School in Dubrovnik, Croatia. While in Croatia we blogged our experiences so that students could feel like they were part of the journey, and we invite the community to share this experience at our website **www.auburngoesglobal.org.**



At the conference Victoria Calarco received the Ken Haycock Leadership Award which is given annually to an up and coming young professional.

The conference had over 500 attendees and representatives from over 40 countries.

Congratulations Victoria!

New Central Registration Center for New Students

Effective immediately, the Auburn Enlarged City School District will begin registering new students at its Central Registration office, located in the Harriet Tubman Administration Building at 78 Thornton Ave.

Any new families that have moved into the school district and need to register their children for any grade level, Pre-K through 12th grade, may do so at the new Central Registration office between 7:30 a.m. and 3:30 p.m.

"Having a Central Registration office should make the registration process much easier for families moving into the district, and we are excited to provide this customer service," said Camille Johnson, Assistant Superintendent for Student Services.



For more information, please contact Tina Brechue
AECSD Central Registration
Pre-K through 12th grade
(315) 255-8825

TinaBrechue@aecsd.education

SCHOOL TAX INFORMATION

2nd installment due: December 3, 2019
Last day the collector will accept taxes is:
December 3, 2019

Questions about your bill? Call 315-255-8806 or e-mail:

Sandra Van Giesen@aecsd.education

You can also look up your bill online at:

www.taxlookup.net

Follow us on Twitter!



District: @AuburnECSD

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Herman: @auburn_herman

Owasco: @auburn_owasco Seward: @auburn seward

ATTENDANCE MATTERS!



Missing just a few days of school a month can hurt a child's math and reading skills or even their chance of graduating. Please help us reduce chronic absence.

Find out more at:

www.everystudentpresent.org/parents

Check out #EveryStudentPresentAECSD on social media.



Family Educational Rights and Privacy Act of 1974 (FERPA)

Students who are applying to colleges, please be aware that procedures for the confidentiality of student records within the Family Educational Rights and Privacy Act of 1974 (FERPA) have recently changed. FERPA permits school officials to disclose all education records, including disciplinary records, to another institution at which the student seeks or intends to enroll. This now also applies to post-secondary institutions (colleges), upon request.



Digital Learning Day @ Herman Ave

Fourth grade students participated in Digital Learning Day! All students participated in two different learning opportunities. They explored marine habitats and learned about colonial times. They had a chance to ask questions about sharks and to learn about the journey to the New World. Students had to solve clues to identify common tools during colonial times and discuss why the tools would be important to the settlers on their journey and as they started their lives over in a new land.

By Ron Gorney Principal, Herman Ave Elementary



Javier Torres & Nolan French, Grade 5

ROPE Jumping Contest

The annual Districtwide Rope Jumping Contest was held on October 23 at Seward Elementary School. Preliminary contests were held at each elementary school for students in second through sixth grades. They competed in two rounds of 30-second speed jumps while their classmates cheered them on. Competitors also had the chance to show off a few cool trick jumps! The top two jumpers from each grade represented their school at the districtwide rope jumping contest.



Genesee Elementary School 2019 Jump Rope Team!



November 2019

DISTRICT NEWSLETTER

Official Publication of the AUBURN ENLARGED CITY SCHOOL DISTRICT www.aecsd.education

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