

# 7<sup>TH</sup> GRADE AJHS



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Questions and Answers about 7th Grade – Congratulations – You're heading to Auburn Jr. High School!

*Sometimes you'll feel like you're on a roller coaster ride. Not to worry. That's how any big change can make you feel.*

# ARE YOU UP, DOWN OR SOMEWHERE IN BETWEEN?



**Starting Jr. High means facing many new challenges. Your feelings about what's in store are bound to change as you move ahead—and that's ok!**



**Are any of these on your mind?**

- **New friends**
- **Remembering my schedule**
- **Finding my way around Lunch**
- **Getting to classes on time**
- **Opportunities to do more**
- **Remembering my locker combination**
- **Having more homework**
- **Other things?**
- **New teachers**
- **Can I carry my back pack?**



# FINDING MY WAY AROUND

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- **At Auburn Jr. High School, many of your classes will be in one hallway.**
- **Teachers are grouped by teams.**
- **It can be confusing but you will know your way around by the end of the first week.**
- **You will visit Auburn Jr. High School for an orientation in August.**
- **At the orientation, you will get a copy of your schedule and have a chance to look for all your classes.**
- **Teachers and staff will help you in the beginning of the year. If you are lost, ask for help.**



# NEW CLASSES

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- **Family and Consumer Science (FACS)**
- **Technology**
- **Computer Literacy**
- **Math 7A – Your math teacher will send us their recommendation. You will be contacted by mail this summer if you qualify.**





# WORLD LANGUAGE YOU GET TO CHOOSE FRENCH, SPANISH OR ITALIAN

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- You will take two years of a world language at AJHS. You will earn one high school credit at the end of 8<sup>th</sup> grade.
- In HS many students continue on to take 3 or more years of language.





# MUSIC

## CHORUS BAND ORCHESTRA



# MUSIC VIDEO

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# MODIFIED SPORTS



- Visit the AECSD Athletic website this summer for updates.  
<http://www.aecsd.education/distripage.cfm?pageid=1432>
- You must have a school physical, or one from your doctor prior to the sports season and sign up through Family ID.

- FALL MODIFIED SPORTS
  - Field Hockey
  - Football
  - Boys Soccer
  - Girls Soccer
  - Cross Country
  - Tennis

- WINTER MODIFIED SPORTS
  - Winter I
  - Boys Basketball
  - Girls Volleyball
  - Winter II
  - Girls Basketball
  - Wrestling
  - Swimming

- SPRING MODIFIED SPORTS
  - Baseball
  - Softball
  - Boys Lacrosse
  - Girls Lacrosse
  - Track





# CLUBS AND ACTIVITIES

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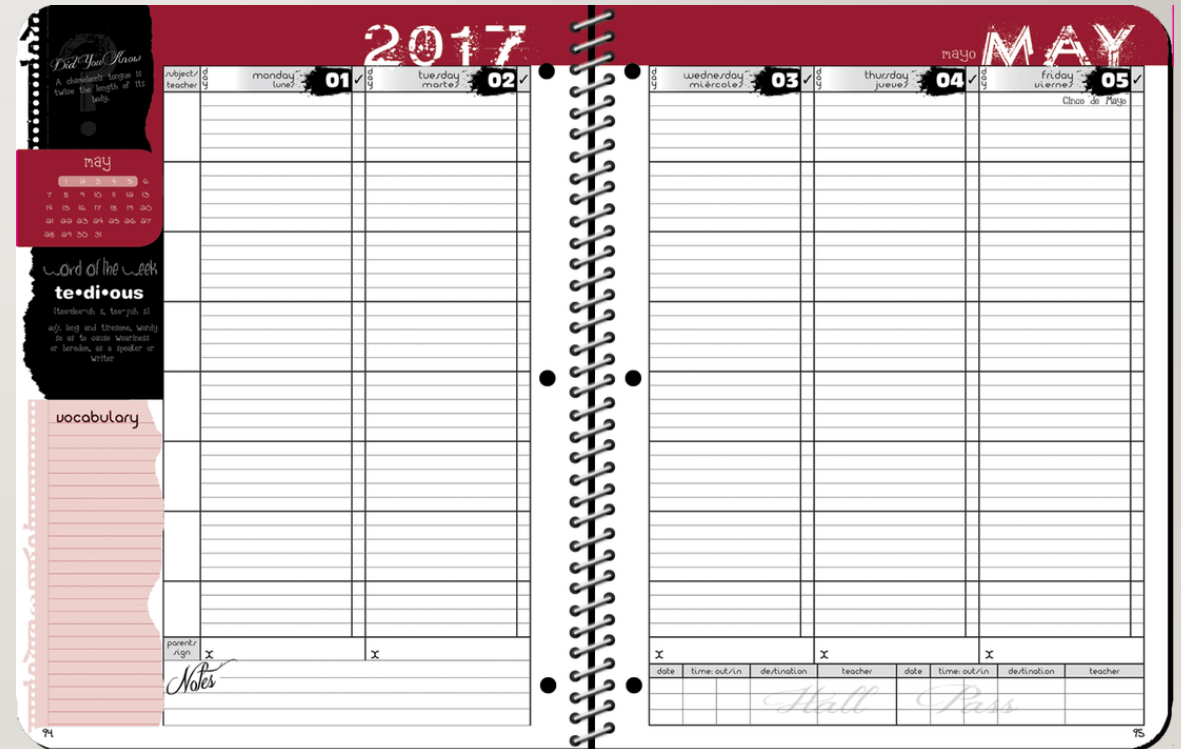


- **NJHS - National Junior Honor Society**
- **SGO—Student Government Organization School**
- **Musical**
- **Ski Club**
- **After School Program**
- **American Sign Language Club**
- **Jazz Band**

- **Role Playing Game Club**
- **Debate Club**
- **Technology/Drone Club**
- **Book Club**
- **Yearbook - 8th**
- **Environmental Club**
- **LGBTQia+/Ally Club**

# YOUR AGENDA PLANNER

- You will get an agenda the first week of school. This is the best way to keep track of all your assignments, tests and other activities.
- It will also be your hall pass if you need to leave the classroom.





# GET YOUR GRADES AND HW 24/7

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- We will teach you how to access your graded assignments in SCHOOLTOOL in September. Parents will have an account too.



# LOCKERS

**LEARNING HOW TO USE A LOCK JUST TAKES PRACTICE AND PATIENCE.**

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- **If you haven't already had the chance, you will be able to practice when we return to school.**
- **The Dollar Store sometimes has combination locks. If you can pick one up, it's a great way to practice. They all work the same. If a friend has one, trade and practice that one too.**

- **You will get a second combination lock for your gym locker.**
- **If you keep your locker NEAT, and organized, Jr. High school will be a lot easier.**



# YOUR SCHEDULE

## Semester: Fall

	A	B
Period 1 Time 7:50 - 8:33	SCIENCE 7 Campanelli(219)	SCIENCE 7 Campanelli(219)
Period 2 Time 8:36 - 9:16	SOC STUDIES 7 Pisciotti (105)	SOC STUDIES 7 Pisciotti (105)
Period 3 Time 9:19 - 9:59	Computer Literacy Eardley(116)	CHORUS 7 Boys Sheppard(AUD)
Period 4 Time 10:02 - 10:42	PHYS ED BOYS Carberry(GYM)	STUDY HALL Flanigan(114)
Period 5 Time 10:45 - 11:25	LUNCH/GROUP Lincoln(212)	LUNCH/GROUP Lincoln(212)
Period 6 Time 11:28 - 12:08	FRENCH 7 Porten(201)	FRENCH 7 Porten(201)
Period 7 Time 12:11 - 12:51	MATH 7B Cook / Bar(211)	MATH 7B Cook / Bar(211)
Period 8 Time 12:54 - 1:34	ART 7 Fletcher(207)	ART 7 Fletcher(207)
Period 9 Time 1:37 - 2:20	ENGLISH 7 Bolster / (106)	ENGLISH 7 Bolster / (106)

## Semester: Spring

	A	B
Period 1 Time 7:50 - 8:33	SCIENCE 7 Campanelli(219)	SCIENCE 7 Campanelli(219)
Period 2 Time 8:36 - 9:16	SOC STUDIES 7 Pisciotti (105)	SOC STUDIES 7 Pisciotti (105)
Period 3 Time 9:19 - 9:59	FACS 7 Mahunik(202)	CHORUS 7 Boys Sheppard(AUD)
Period 4 Time 10:02 - 10:42	PHYS ED BOYS Carberry(GYM)	STUDY HALL Flanigan(114)
Period 5 Time 10:45 - 11:25	LUNCH/GROUP Lincoln(212)	LUNCH/GROUP Lincoln(212)
Period 6 Time 11:28 - 12:08	FRENCH 7 Porten(201)	FRENCH 7 Porten(201)
Period 7 Time 12:11 - 12:51	MATH 7B Cook / Bar(211)	MATH 7B Cook / Bar(211)
Period 8 Time 12:54 - 1:34	TECHNOLOGY 7 Powers(122)	TECHNOLOGY 7 Powers(122)
Period 9 Time 1:37 - 2:20	ENGLISH 7 Bolster / (106)	ENGLISH 7 Bolster / (106)



# ORIENTATION

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Orientation is Wednesday August 22<sup>nd</sup>. A-Le will be in the morning and Li-Z will be in the afternoon. You will get a letter in the mail with more details.

You will get your schedule and your locker combination. You will be able to walk the building and practice opening your locker.







# GRATITUDE

~The appreciation of what is valuable and meaningful to oneself; a general state of thankfulness and/or appreciation. It doesn't take big, shiny objects to create gratitude; you can train yourself to constantly be grateful for the little things in life.

# Gratitude-What does it do?

- Gratitude literally rewires your brain.
- Just 10 minutes a day of practicing gratitude builds lasting neural sensitivity to more positive thinking.
- That means the more you practice gratitude, the more you default to positivity instead of negativity.
- <https://youtu.be/lrHJYeAVoKU>

Be Kind

Be thankful

Start a  
Journal

Start a  
Gratitude Jar

Smile

Be Helpful to  
Others

Compliment  
others daily