

Local education agencies participating in the National School Lunch Program and/or School Breakfast Program were required to develop a local school wellness policy and have this policy in place by July 1, 2017. An assessment of this policy was to be conducted at a minimum of once every three years. Therefore, the first triennial assessment would have been completed by June 30, 2020.

The Wellness Committee met on February 25, 2020 and discussed those review requirements. Heather Bigley, our food service consultant, and Tessa Crawford completed the forms for the committee members to review. Due to COVID, an extension was granted until June 30, 2021.

The committee did not officially meet again until February 24, 2021. At that meeting, discussion included the continuation of the Wellness Policy review process. Items discussed were the addition of Kelly's Choice, a new online meal and exercise program available to AECSD staff, and remote physical education activities during the pandemic.

The next Wellness Committee meeting was held May 26, 2021, when members discussed the current Wellness Policy and that the Triennial Assessment would be completed again and need to be reviewed and approved before being uploaded to the state website.

The Triennial Assessment was completed on June 4, 2021. This was forwarded to the committee members, via email, for review. It was determined that our policy continued to meet NYS standards and no changes were made.