#### Psychiatric services are available through <u>Cayuga County Mental Health Center</u> and <u>Cayuga Counseling Services</u>

#### **PSYCHOLOGISTS**

Stephen F. Coleman, Psy.D 11 Seminary St., Auburn, NY 13021 (315) 255-1382 Mental health, academic & alcohol/substance abuse evaluations; counseling/therapy. Finger Lakes LCSW

Ellen Ross, PSY.D Faith Emerson, LCSW-R 110 Genesee St., Auburn, NY 13021 Faith (315) 255-2448 Counseling & Psychotherapy.

Ahmad Bilal, MD Olumuyiwa Gay, MD, MPH, FAPA Michelle Graney, LCSW Fehid Mehic, NP 77 Nelson St. Suite 220, Auburn, NY 13021 315-252-7434 Counseling & Psychotherapy

# SOCIAL WORKERS & MENTAL HEALTH COUNSELORS

#### **Drake and Bevier Mental Health Therapy** 796 West Genesee Street Rd.

Skaneateles, NY 13152 Amy Drake, LCSW (315) 908-4837 Jessica Bevier, LMHC, RPT (315) 207-4560 Therapy is provided through telehealth only.



Amy Kelly, LCSW-R 37 W. Garden Street Suite 207 Auburn, NY 315 406-1981 amykellylcswr@gmail.com

#### Jami Stanforth Choueiry, MS, MMHC

2 South Street Suite 204 Auburn, NY 13021 937-475-9257

Alexis Speck Glennon, DSW, LCSW Phoenix Building Office 312 Auburn, NY13021 aglennonlcsw@gmail.com (315) 730-7561

#### Jennifer Gorney, LCSW-R 33 William Street Auburn, NY 13021 (607) 423-4684

Jon Loomis, LCSW-R 2 South St., Auburn, NY 13021 (315) 252-6978

East Hill Medical Center Inner Wellness 144 Genesee St., Suite 201 Auburn, NY 13021 (315) 253-8477

\*Please also check with your Primary Care Provider to ask if they have behavioral health services within their organization.





## <u>2024-2025</u>

# <u>MENTAL HEALTH</u> <u>SERVICES BROCHURE</u>

#### Auburn and Surrounding Area Revised July 2024



**CAYUGA COUNSELING SERVICES** 

17 E. Genesee St., Auburn, NY 13021 (315) 253-9795 www.cayugacounseling.org **Crisis Walk-in Appointments for New Clients Please call ahead to confirm daily availability.** Outpatient mental health programs specializing in children, adolescents, adults and families. Services

provided at clinic, school, or home. Credentials: Part-time psychiatrist and Master level counselors. Most insurance is accepted.

# CAYUGA COUNTY COMMUNITY MENTAL HEALTH CENTER

146 North St., Auburn, NY 13021 (315) 253-0341 Crisis Walk-In Appointments available: Mon-Fri 8:30-3:30PM

#### Evening hours available; call for hours

The Outpatient Clinic has professionally trained staff who provide treatment designed to reduce symptoms, improve patient functioning, and provide on-going support. Services include: Assessment and treatment planning; Individual and DBT group therapies; medication evaluation and education; and symptom management. The Clinic is licensed by the New York State Office of Mental Health.

#### Mozaic, Chapter of Arc of New York

1521 Clark Street Rd Auburn, NY 13021 (315) 612-0101 www.mozaic.org Services for individuals with developmental and other disabilities.

#### CHAD (Confidential Help for Alcohol & Drugs)

75 Genesee St., Auburn, NY 13021 (315) 253-9786 www.chadcounseling.org Out-patient clinic based treatment services for problems with alcohol and/or drugs. Family members can also receive information, education and treatment. Community and school based education services. Evaluation for DWIs and employers.



SAVAR (Sexual Assault Victims Advocate Resource)

#### 17 E. Genesee St., Auburn, NY 13021 (315) 253-9795 www.cayugacounseling.org/sexual-assault-victims-

www.cayugacounseling.org/sexual-assault-victims advocate-resource-savar

Crisis intervention services and counseling for victims of sexual assault. Crisis intervention for individuals, families or groups. SAVAR advocates are available 24 hours a day, 7 days a week to provide information; to accompany victims through medical, law enforcement, and judicial procedures; short and long term counseling for victims, their families and friends; referrals to other service providers. Credentials: Certified social workers. (No charge)

### CASA (Children Affected by Substance Abuse)

17 E. Genesee St., Auburn, NY 13021 (315) 253-9795 www.casany.org Advocacy, case management, therapy, information, groups, referrals, community outreach for children and families affected by substance abuse.

### The Haven

17 E. Genesee St., Auburn, NY 13021 (315) 253-9795 www.cayugacounseling.org

A specialized program for children who have experienced a loss of a loved one, separation or divorce, parental incarceration, abuse or other traumatic events. Services include: group and individual therapy, care management, skill building, peer related services, recreational opportunities, referrals and advocacy.



# Help is three numbers away.



Text HOME to 741741 to reach a crisis counselor

#### Cayuga County Mobile Crisis Unit 315-253-0341 option #9

The crisis line is open to the public and all calls are received by trained crisis specialists that provide crisis support and triage to determine the most appropriate level of crisis response. Our local crisis response can range from a referral to a local provider, phone support, deployment of a Mobile Crisis team, and/or deployment of emergency services.

### CONTACT (Telephone Counseling Services)

Hotline provides free anonymous and confidential 24-hour telephone counseling, crisis intervention, and information and referral to persons in distress or crisis. The program is available to all Cayuga County residents by calling the toll free number: 1(877) 400-8740.

