

**Psychiatric services are available through
Cayuga County Mental Health Center and
Cayuga Counseling Services**

PSYCHOLOGISTS

Stephen F. Coleman, Psy.D
11 Seminary St., Auburn, NY 13021
(315) 255-1382

Mental health, academic & alcohol/substance abuse evaluations; counseling/therapy. Finger Lakes LCSW

Ahmad Bilal, MD
Olumuyiwa Gay, MD, MPH, FAPA
Darren Tripiciano, LCSW
Fehid Mehic, NP
77 Nelson St. Suite 220, Auburn, NY 13021
315-253-1860
Counseling & Psychotherapy

SOCIAL WORKERS & MENTAL HEALTH COUNSELORS

Drake and Bevier Mental Health Therapy
796 West Genesee Street Rd.
Skaneateles, NY 13152
Amy Drake, LCSW (315) 908-4837
Jessica Bevier, LMHC, RPT (315) 207-4560
Therapy is provided through telehealth only.



Amy Kelly, LCSW-R
Telehealth Only
315 406-1981
amykellylcswr@gmail.com
<https://amy-kelly6266.clientsecure.me/>

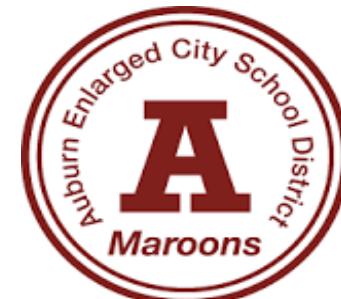
Jami Stanforth Choueiry, MS, MMHC
2 South Street Suite 204
Auburn, NY 13021
937-475-9257

Alexis Speck Glennon, DSW, LCSW
Phoenix Building Office 312
Auburn, NY 13021
aglennonlcsw@gmail.com
(315) 730-7561

Jon Loomis, LCSW-R
2 South St., Auburn, NY 13021
(315) 252-6978

**East Hill Medical Center
Inner Wellness**
144 Genesee St., Suite 201
Auburn, NY 13021
(315) 253-8477

*Please also check with your Primary Care Provider to ask if they have behavioral health services within their organization.



2025-2026

MENTAL HEALTH SERVICES BROCHURE

Auburn and Surrounding Area

Revised August 2025



CAYUGA COUNSELING SERVICES
17 E. Genesee St., Auburn, NY 13021
(315) 253-9795

www.cayugacounseling.org

Crisis Walk-in Appointments for New Clients
Please call ahead to confirm daily availability.

Outpatient mental health programs specializing in children, adolescents, adults and families. Services provided at clinic, school, or home. Credentials: Part-time psychiatrist and Master level counselors. Most insurance is accepted.

CAYUGA COUNTY COMMUNITY MENTAL HEALTH CENTER

146 North St., Auburn, NY 13021
(315) 253-0341

Crisis Walk-In Appointments available:

Mon-Fri 8:30-3:30PM

Evening hours available; call for hours

The Outpatient Clinic has professionally trained staff who provide treatment designed to reduce symptoms, improve patient functioning, and provide on-going support. Services include: Assessment and treatment planning; Individual and DBT group therapies; medication evaluation and education; and symptom management. The Clinic is licensed by the New York State Office of Mental Health.

Mozaic, Chapter of Arc of New York
1521 Clark Street Rd Auburn, NY 13021
(315) 612-0101

www.mozaic.org

Services for individuals with developmental and other disabilities.

CHAD (Confidential Help for Alcohol & Drugs)
75 Genesee St., Auburn, NY 13021
(315) 253-9786

www.chadcounseling.org

Out-patient clinic based treatment services for problems with alcohol and/or drugs. Family members can also receive information, education and treatment. Community and school based education services. Evaluation for DWIs and employers.

Children's Mental
HEALTH

SAVAR (Sexual Assault Victims Advocate Resource)

17 E. Genesee St., Auburn, NY 13021
(315) 253-9795
www.cayugacounseling.org/sexual-assault-victims-advocate-resource-savar

Crisis intervention services and counseling for victims of sexual assault. Crisis intervention for individuals, families or groups. SAVAR advocates are available 24 hours a day, 7 days a week to provide information; to accompany victims through medical, law enforcement, and judicial procedures; short and long term counseling for victims, their families and friends; referrals to other service providers. Credentials: Certified social workers. (No charge)

CASA (Children Affected by Substance Abuse)

17 E. Genesee St., Auburn, NY 13021
(315) 253-9795
www.casany.org
Advocacy, case management, therapy, information, groups, referrals, community outreach for children and families affected by substance abuse.

The Haven

17 E. Genesee St., Auburn, NY 13021
(315) 253-9795
www.cayugacounseling.org
A specialized program for children who have experienced a loss of a loved one, separation or divorce, parental incarceration, abuse or other traumatic events. Services include: group and individual therapy, care management, skill building, peer related services, recreational opportunities, referrals and advocacy.



Help is three numbers away.

211

NON-EMERGENCIES

Food
Housing
Utility Assistance
Healthcare Services
Transportation
Legal Services
Counseling

988

SUICIDE AND CRISIS

Thoughts of Suicide
Mental Health Crisis
Substance Use Crisis
Emotional Distress
Veterans Crisis

911

EMERGENCIES

Medical
Fire
Crime
Abduction
Domestic Violence
Impaired Driving
Suspicious Activities

Text **HOME** to **741741** to reach a crisis counselor

Cayuga County Mobile Crisis Unit

315-253-0341 option #9

The crisis line is open to the public and all calls are received by trained crisis specialists that provide crisis support and triage to determine the most appropriate level of crisis response. Our local crisis response can range from a referral to a local provider, phone support, deployment of a Mobile Crisis team, and/or deployment of emergency services.

CONTACT (Telephone Counseling Services)

Hotline provides free anonymous and confidential 24-hour telephone counseling, crisis intervention, and information and referral to persons in distress or crisis. The program is available to all Cayuga County residents by calling the toll free number: 1(877) 400-8740.

