

# What's Cooking?

## Online Menus!

School menus available  
anywhere, anytime.

### Easy-to-use-features

- Daily menu items, with a photo and description
- Nutrition Information
- Filters for common food allergens like nuts, wheat and dairy
- Available in 50+ languages

### Get started today!

- 1 **Download** or open the app.
- 2 **Find** your district.
- 3 **Select** your preferred location and **favorite** it.
- 4 **View** daily menu items

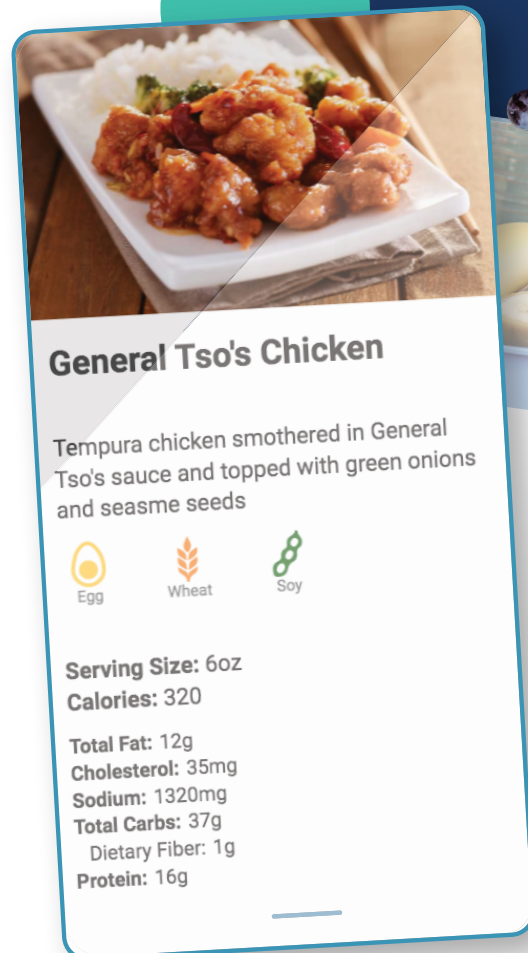


Available on the  
App Store




ANDROID APP ON  
Google Play

**Download the Nutrislice app today!**



# Get Started!




**School Home**

## Lunch

All Menus Breakfast Lunch Dinner


Weekly ▾ DEC 1 - 7

01 Sun	02 Mon	03 Tue	04 Wed	05 Thu	06 Fri
Soups +	Entrees +	Entrees +	Entrees +	Entrees +	Entrees +
Sides +	Grill +	Grill +	Grill +	Grill +	Grill +
	Daily Special +	Daily Special +	Daily Special +	Daily Special +	Daily Special +
	Soups +	Soups +	Soups +	Soups +	Soups +
	Sides +	Sides +	Sides +	Sides +	Sides +



### Vegetable Soup

Hearty soup with potatoes, carrots, white beans, tomatoes and kale.

Serving Size: 4oz  
Calories: 111

Total Fat: 0g  
Cholesterol: 5mg  
Sodium: 1282mg  
Total Carbs: 16g  
Dietary Fiber: 5g  
Protein: 3g

## Using the Website

1. Go to the URL listed above.
2. Click View Menus.
3. Select grade level, school and then the menu you want to see.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!

## Using the App

1. Find your district.
2. Find your school.
3. Select your menu.
4. View the current day's menu, or skip to a future date.
5. Select a food to find its description and photo, filter by allergens, print the menu and so much more!